

Speed Coaching

“Speed coaching” sessions allow you to take advantage of the opportunity to spend 15 minutes with an experienced coach to get a question answered, solve a small situation, discover a range of available resources, or begin to plan for a larger goal. The coaches in this session represent a range of specialties, such as business, leadership, life and career coaches. If you have been considering working with a coach, don’t miss out on this opportunity to meet multiple coaches and experience different coaching styles in one place.

Speed Mentoring

The AWT Executive Women’s Forum (EWF) members will be available for “speed mentoring” sessions with AWT conference attendees. EWF is comprised of women who are CxOs and VPs of local small- and medium-sized companies. This is a great opportunity to meet with these powerful women leaders, gain insight into how they became successful entrepreneurs, get pointers on how to make an impact or get ahead in small- or mid-sized companies, or discuss the challenges you are facing getting your business off the ground or taking it to the next level.

Sign up in the Atrium for a 15 minute session.

Session time slots begin at 11:15 AM and end at 12:45 PM.

Many of the coaches and mentors will also be in attendance for informal chats throughout the day.

AWT is proud to introduce the 2010 lineup:

Speed Coaches

Dr. Liz Alexander - Career Coach and Author



Dr. Liz Alexander has been a career coach for over 20 years on both sides of the Atlantic. She is the author of ten nonfiction books including: *Working from the Heart: A practical guide to loving what you do for a living* (published under her former name of Liz Simpson), and assists career seekers in everything from uncovering the work they love to do, to crafting a knock-out resume and cover letter. Dr. Liz formerly supervised a group of career coaches at UT’s Liberal Arts Career Services center and continues to be active in the career successes of her former students.

Dianna Amorde - Inspired Leap Consulting

Author of *Aha! Moments: When Intellect and Intuition Collide*, Dianna Amorde is an Architect of Aha! Moments. She inspires and coaches people to use all their inner resources to generate brilliant ideas, achieve creative breakthroughs and make more effective decisions.



Holly Berry - AHA Career Coaching

Holly Berry offers individuals guidance in the areas of career direction, resume writing, networking, interviewing, and salary negotiation. She enjoys teaching many people how to navigate their job search in a tough economy, and specializes in developing customized career exploration programs for each of her clients, empowering them to find fulfillment in work that will utilize their strengths, gifts and talents.